

# **NOURISHING DAHO® RUSSET** TO HAND MASK

" Redness, irritation and dry skin will all be soothed with this luxurious 2-ingredient potato hand mask."

#### Step 01

Peel, cut up and boil 1 medium-size IDAHO® RUSSET POTATO.



#### Step 02

Drain the potato and allow it to slightly cool.



### Step 03

Mash the potato with 1 tablespoon olive oil until smooth.



## Step 04

Massage the potato onto hands using a circular motion.



Wash the hand with warm water after 15 minutes.

















